

# Confetti Spring Salad

## **PASTA SALAD:**

1 lb. (dry) rotini or rigatoni  
2 carrots, chopped  
1 bunch broccoli florets  
1 lb. fresh asparagus  
1 red bell pepper, chopped  
3 radishes, sliced  
½ c. fresh peas  
1 pint cherry tomatoes

1 small bunch green onions, sliced

## **DRESSING:**

8 Tbls. olive oil  
3 Tbls. lemon juice  
½ c. fresh basil leaves, chopped  
sea salt - to taste



**Serves: 6-8**

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Cook pasta according to package directions. In another pan, bring 2 inches of water to boil. Place carrots in water & lightly blanch 1 min. or until light orange. Remove with slotted spoon & place in mixing bowl. Repeat process with peas & place in mixing bowl. Blanch broccoli, remove from water, chop & add to mixing bowl. Blanch asparagus, cut in one-inch pieces & add to mixing bowl. Add pasta, pepper, & radishes to vegetables & toss to mix. Add dressing ingredients & toss. Garnish with tomatoes & green onions.

**Optional:** Add your choice of diced meat substitute for variety!

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